



VINAYAKA MISSION'S
RESEARCH FOUNDATION

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**VINAYAKA MISSION'S KIRUPANANDA VARIYAR
MEDICAL COLLEGE & HOSPITAL**

(A constituent College of VMRF-DU)

Salem - 636 308.

**DEPARTMENT OF INTERNAL MEDICINE AND
MEDICAL EDUCATIONAL UNIT**

We Cordially invite you to attend the

C.M.E PROGRAMME

on

**“Obstructive Sleep Apnoea Syndrome in
Spinal Cord Injuries”**

Prof. Dr. K. Prakasam, M.S. Ortho., D-Ortho., Dsc (Hons).,
Dean,
VMKV Medical College & Hospital, Salem.

Will preside over the function

Guest Speaker

Prof. Dr. C. Thiagarajan

Professor in Physical Medicine & Rehabilitation,
National Spinal Injuries Centre,
Aylesbury, United Kingdom.

Shall deliver the lecture

Chair Persons

Dr. S.R. Rangabashyam
Professor & HOD,
Department of Internal Medicine,
VMKVMC&H, Salem.

Dr. R. Shanmugasundaram,
Professor,
Department of Internal Medicine,
VMKVMC&H, Salem.

Venue : Annapoorana Lecture Hall - I

Date : 07.03.2019 Thursday Time : 11.00 am - 12.00 noon

Programme Schedule

Tamil Thaaai Vazhuthu

Welcome Address : **Dr. R. Shanmugasundaram**
Professor,
Department of Internal Medicine,
VMKVMC&H, Salem.

CME Inauguration by Dean

Introduction of Speaker : **Dr. Prasanna Vinayak**
Assistant Professor,
Department of Internal Medicine,
VMKVMC&H, Salem.

Scientific Session : **Prof. Dr. C. Thiagarajan**
Professor in Physical Medicine &
Rehabilitation,
National Spinal Injuries Centre,
Aylesbury, United Kingdom.

Vote of Thanks : **Dr. K. Kirubakaran**
Assistant Professor,
Department of Internal Medicine,
VMKVMC&H, Salem.

National Anthem

All are Welcome

VINAYAKA MISSION'S KIRUPANANDA VARIYAR MEDICAL COLLEGE AND HOSPITAL

DEPARTMENT OF GENERAL MEDICINE

CME ON "Obstructive Sleep Apnoea Syndrome in Spinal Cord Injuries"

The CME on 'Obstructive Sleep Apnoea Syndrome in Spinal Cord Injuries ' was conducted on 07.03.2019 (Thursday) from 11:00 am to 12:00 pm by the department of General Medicine in Annapoorana lecture hall – 1 at Vinayaka Missions Kirupananda Variyar Medical College and hospital. Salem.

This is the 1st CME conducted by the department of General Medicine for the year 2019.

The CME started at 11:00 am with the prayer song.

Prof.Dr.R.Shanmugasundaram MD., Professor of medicine delivered the welcome address and also welcomed the speaker

The guest speaker on Dr. Prasanna Vinayak, Assistant Professor ,

The scientific session started with a lecture on 'Obstructive Sleep Apnoea Syndrome in Spinal Cord Injuries' by Prof. Dr. C. Thiagarajan, Professor in Physical Medicine & Rehabilitation,National Spinal Injuries Centre, Aylesbury, United Kingdom.

The session was chaired by Dr.S.R. Rangabashyam ,MD.,(HOD, Dept of General Medicine), Prof.Dr.R. Shanmugasundaram MD., Professor of medicine.

The session was very useful for undergraduates/post graduates/consultant physicians, surgeons, critical care physicians. The lecture was very interactive and informative to all the departments.

ABSTRACT OF THE TALK

He discussed in detail about the following points:

- The speaker spoke about Obstructive Sleep Apnoea Syndrome in Spinal Cord Injuries and he has mention of about the easy way of detecting the Obstructive Sleep Apnoea Syndrome help of pulse oximeter and the chest wall movement and he said it will be good alternative for cumbersome polysomnography which need expert to interpret and its costliest also.
- The results were comparable with the polysomnography

Questions on the topic were asked by undergraduates, post graduates and faculties. The discussion was very interactive and went on for long time.

The vote of thanks was delivered by Dr. Kirubakaran MD., asst. professor of General Medicine.







